



Welcome home.

Guest Services

Emergency Numbers

Fire and Police	911
Sugarloaf Ambulance/Rescue	911
Mt. Abram Regional Health Center	(207) 265-4555
Franklin Memorial Hospital	(207) 778-6031
Sugarloaf Security	(207) 237-6961
Sugarloaf First Aid Clinic (winter season)	(207) 237-6997

AAA Emergency Auto Service

Emergency Road Service	(800) 222-4357
Maine Turnpike Road Conditions	(800) 675-7453

Automatic Teller Machines

- Sugarloaf Mountain Hotel Lobby
- Base Lodge Lower entryway (by Guest Services)
- Base Lodge Second Level (outside the King Pine Room)
- Main Street (in front of Sugarloaf Grocers)
- Village West (outside Hunker Down)
- Sugarloaf Inn Lobby

Banks

Skowhegan Savings Bank, Kingfield	(207) 265-2181
Franklin Somerset Federal Credit Union, Kingfield	(207) 265-4027

Building & Rental Maintenance Department

Located in the rear of the Condo Check-In Center. For plumbing, electrical, carpentry, heat and hot water call (207) 237-6859. If you need assistance after hours call (207) 237-2000.

Carrabassett Valley Town Office

Located 6 miles south of Sugarloaf. For all your local and area questions and concerns call (207) 235-2645.

Central Maine Power

If you need information about power issues call 1-800-696-1000.



Welcome home.

Checkout

Checkout time is 11:00AM. Guests renting from Sugarloaf are welcome to use the Sugarloaf Sports & Fitness Center or Hotel Health Club to shower and change after skiing.

Child Care (winter only)

The Child Care Center is located in Gondola Village. Open daily, advance reservations required. Call (207) 237-6804.

Condominium guests - Please ensure that only TWO (2) parking spaces are used during your visit, in front of your condominium. All other vehicles are required to fill out an *Overflow Parking Form* at the Condo Check-In Center or Hotel Front Desk for Lot E and F. Parking Spaces are managed by private associations. Permits must be visible at all times. Unauthorized vehicles will be ticketed or removed at the owner's expense. If you wish to arrange for a late checkout (VERY limited availability) please contact the Sugarloaf Mountain Hotel Front Desk at (207) 237-2000.

If you would like to extend your stay, please call the Sugarloaf Mountain Hotel at (207) 237-2000 and we will try to make arrangements for you and your party. Please check your room for all personal items before leaving, as we are not responsible for items left behind. Keys are to be returned in the envelope provided to the location where they were issued by 5:00PM. Guests will be charged \$25.00 per unreturned key.

Resort & Conference Center

2012 winner of Meetings East magazine's annual Best of the East Award. The largest meeting and conference facility in Maine, Sugarloaf has more than 28,000 square feet of meeting space and lodging capacity for groups ranging in size from 10 to more than 1,000. With world class amenities including skiing, snowboarding, golf and spa services, Sugarloaf offers a unique mountain setting to make any meeting or conference memorable and productive. Choose a business that values the natural resources of Maine as much as you do. Sugarloaf has been certified an Environmental Leader by the State of Maine Department of Environmental Protection. Call 1-800-452-1942 for more information.



Welcome home.

Cribs and Cots

The Condo Check-In Center offers floor mattresses (Bed-N-Bag) and portable cribs (Pack-N-Play) for a flat price of \$20.00 per stay, limited availability. Please call the Sugarloaf Mountain Hotel Front Desk at 237-2000 with your request. The Sugarloaf Mountain Hotel has a limited number of cots available at a cost of \$20.00 per night, and floor mattresses or portable cribs (Pack-N-Play) at a cost of \$10.00 per night. Plus tax.

Directions

Directions to popular destinations are available at any front desk location.

Dentists

Rangeley Family Dentistry, Rangeley
Katherine Heer, DMD, Farmington
Milad Bozorgnia, DMD, Wilton
Community Dental, Farmington

(207) 864-3400
(207) 778-4200
(207) 778-3307
(207) 779-2659

Facsimile and Photocopying Services

Available at the Hotel Front Desk. Call (207) 237-2000.
.25 cents per page

First Aid Clinic (winter season)

Emergency first aid care and service for ages 2 years and older are located in the base of the R.H. Bell Interfaith Chapel. Call (207) 237-6995.

Front Desk

The front desk staff is available at the Sugarloaf Mountain Hotel at all times. During the winter season, the front desk staff is available at the Condo Check-In Center from 8:00AM to midnight Thursday, Friday, and Sunday. If you need assistance during non-staffed hours or the summer season, call the Sugarloaf Switchboard at (207) 237-2000 located at the front desk of the Sugarloaf Mountain Hotel.



Welcome home.

Service Stations

Arnold Trail Service Station, Stratton	(207) 246-2653
Ayotte's Country Store, Carrabassett Valley	(207) 235-2443
Mountainside Garage, bottom of Access Road	(207) 237-2071
Pines Market, Eustis	(207) 246-4221
Poulin's Garage, New Portland	(207) 265-2957
T&L Enterprises. Stratton	(207) 246-4276
Tranten's Too, Kingfield	(207) 265-2208

Groceries

Ayotte's Country Store, Carrabassett Valley	(207) 235-2443
Fotter's Shurfine Market, Stratton	(207) 246-2401
Hannaford Supermarket, Farmington	(207) 778-0434
Mountainside Grocers, bottom of Access Road	(207) 237-2248
Sugarloaf Groceries, Village West (winter season)	(207) 237-2200
Tranten's Shurfine Grocery, Kingfield	(207) 265-2202

Hospital and clinics

First Aid Clinic, on-mountain (winter season)	(207) 237-6995
Franklin Memorial Hospital, Farmington	(207) 778-6031
Mt. Abram Health Center, Kingfield	(207) 265-4555

Housekeeping

Condo Housekeeping	(207) 237-6977
<i>If you need assistance after hours, please call</i>	<i>(207) 237-2000</i>
Sugarloaf Mountain Hotel Housekeeping	Dial 0 from your hotel room



Welcome home.

Houses of Worship

(Please call ahead to confirm services)

Calvary Bible Church, Stratton	(207)246-4652
Church of the Good Shepherd, Rangeley	(207) 864-3381
Church of the Nazarene, Strong	(207) 684-3281
First Baptist Church, Kingfield	(207) 265-2748
First Congregational Church, North Anson	(207) 265-4732
Kingfield United Methodist, Kingfield	(207) 265-4921
Lighthouse Baptist Church, Phillips	(207) 639-3237
St. John Catholic Church, Stratton	(207) 864-3795
St. Luke Catholic Church, Rangeley	(207) 864-2566
Sugarloaf Area Christian Ministry, Sugarloaf <i>(Located at the R.H. Bell Interfaith Chapel)</i>	(207) 237-2304
Western Mountains Baptist Church	(207) 265-2557

Laundry

Coin operated washers and dryers are available at the following locations: Village Center, Gondola Village, Timberwind and Sugartree I. If you need detergent or fabric softener, please visit one of the grocery stores. It is a good idea to take change with you, as there are not change machines at all locations. Change is available at the Hotel Front Desk.

Lift Tickets (winter season)

Lift tickets are available at the Condo Check-In Center from 8:00 AM to 11:00PM on Thursday, Friday and Sunday. The Sugarloaf Mountain Hotel from 8:00AM to midnight, or at the ticket windows in the lower level of the Base Lodge please call for updated hours 237-6931. Tickets may be purchased with major credit cards, personal checks, cash and by using your Boyne Gift Card.

Lost and Found

Located at the Guest Services Desk in the Base Lodge during the winter season. Call (207) 237-6931. Sugarloaf Security located in Village West handles lost and found inquiries during both summer and winter. Call (207)237-6961. If you have left items in your condo and need to retrieve them, please call our Housekeeping Department at 237-6977.

Movie Theaters

Narrow Gauge Cinema, Farmington	(207) 778-4877
Lakeside Theater, Rangeley	(207) 864-5000



Welcome home.

Parking

You will be issued a maximum of two parking permits. Any other vehicles will have to park in the overflow parking areas or the day parking lots.

DUE TO LIMITED PARKING, ANY VEHICLE PARKED IN A WRONG LOT WILL BE TOWED AT THE OWNERS EXPENSE.

Pets

SORRY, NO PETS ALLOWED. Extra cleaning fees will be applied for any violations to this policy. Service animals are permitted with advance notice given at time of reservation.

Pharmacy

Western Maine Pharmacy, Kingfield	(207) 265-8020
Hannaford, Farmington	(207) 778-0644
Howards Rexall, Farmington	(207) 778-2695
Walgreens, Farmington	(207) 778-3919
Wal-Mart Supercenter, Farmington	(207) 778-5615
Mt. Blue Drug	(207) 778-6015

Private Caregiver Services (winter)

A list of local private caregivers is available at all front desk locations or at Child Care, (207) 237-6804.

Recycle

Reduce, Reuse, And Recycle! Sugarloaf is committed to working in harmony with the environment Please recycle whenever possible. Leave cans and bottles in your room for Housekeeping to recycle.

Rentals

Alpine ski and snowboard rentals are available during the winter season at the Rental Shop located upstairs in the Base Lodge. (207) 237-6951. Demos are available at the Downhill Supply Company in Village Center. (207) 237-6990. Nordic ski and snowshoe rentals are available at the Sugarloaf Outdoor Center lodge, (207) 237-6830.

Repair

Alpine and snowboard equipment repair available during the winter season at the Downhill Supply company in Village Center, (207) 237-6990. Nordic repair is available at the Sugarloaf Outdoor Center lodge. (207) 237-6830.



Welcome home.

Security

Any issues regarding security may be addressed with the on-mountain Security Department located in Village West in the base area or by calling (207) 237-6961.

Shuttle Service, On-Mountain (winter season)

A current shuttle schedule is available at any front desk location or by calling the Shuttle Service at (207) 237-6853.

Ski Patrol

Sugarloaf Ski Patrol ensures that skiing and riding at Sugarloaf is safe and fun for everyone. Patrollers ask that all abide by the Responsibility Code and Sugarloaf Awareness Program. For more information, call (207) 237-6995 or (207) 237-6862. To report an on-mountain incident please call (207) 237-6994.

Smoking Policy

Sugarloaf is a smoke free resort. All lodging units are non-smoking. *SMOKING OR VAPING IN A GUEST ROOM WILL RESULT IN A \$200.00 CHARGE, WHICH WILL BE ADDED TO THE ROOM BILL TO COVER THE COST OF CLEANING.*

Snowmobiling Policy

Snowmobile use is prohibited on Sugarloaf property by anyone other than Sugarloaf employees authorized to use them in conjunction with their jobs. For information about area snowmobile rentals, see *Amenities. Winter, Snowmobile Rentals.*

Snow Phone Ski Reports

The most up-to-date snow and weather conditions, as well as special event information, call (207) 237-6808.

Sugarloaf Main Switchboard

Please call the Sugarloaf switchboard for all Sugarloaf outlets, activity desks and offices, (207) 237-2000. Most extensions starting with 67. 68. 69 can be dialed directly.

Spectrum Telecommunications

If you need repair or assistance with your telephone service call The Sugarloaf Mountain Hotel Front Desk to report phone problems.



Welcome home.

Telephones

Telephones in condos are restricted from making long distance calls. Long distance calls must be made using a calling card, or by calling collect. All local calls are free. Toll calls made from Hotel guest rooms are charged at typical daytime rates for the type of call made.

Front Desk

Sugarloaf Mountain Hotel Front Desk	4205 or dial 0
Sugarloaf Condominiums	(207) 237-2000
Sugarloaf Switchboard	(207) 237-2000

Sugarloaf Mountain Hotel

Hotel Room to Hotel Room	Call the front desk at 4205 7 + Room number
Hotel Room to Condo <i>(The Sugarloaf switchboard has a complete listing of condo phone numbers)</i>	Dial 8 + Condo phone Number
Hotel Room to Local Number	Dial 8 + Local Number

Sugarloaf condominiums

Condo to Condo <i>(The Sugarloaf switchboard has a complete listing of condo phone numbers)</i>	Dial Condo phone number
Condo to Hotel Room	(207) 237-2000
<i>Ask the switchboard operator for connection by registered guest name</i>	
Condo to Local Number	8 + Local Number

Long Distance Services

If making a long distance call from your hotel room telephone, charges may apply.

Message Retrieval

For guests in the Sugarloaf Mountain Hotel press the red button, an automated operating system will guide you through the message retrieval process.

Television Services

Channel 17 (WSKI) is our RSN affiliate and local broadcast station dedicated to providing Sugarloaf guests with up-to-date information on weather, ski conditions, lifts and trails. Please consult Channel 20 for Time Warner channel and program listings.

Spectrum TV

For television cable problems

1-833-780-1880



Welcome home.

Airports

Bangor Int'l Airport, Bangor ME
Logan Int'l Airport, Boston MA
Portland Int'l Jetport, Portland ME

(207) 992-4600
(800) 23-LOGAN
(207) 774-7301

Airport Shuttle

All Points Transportation
Mermaid Transportation, Portland

(207) 329- 3482
(800) 696-2463
Or (207) 885-5630

Car Rental

Avis Rent-A-Car, Portland
Budget Car Rental, Bangor
Enterprise Rent-A-Car, Farmington

(800) 874-7500
(800) 334-1705
(207) 779-0638

Heating Companies

Valley Gas - For information of propane tanks and deliveries call (207) 265-5443
Dead River - For information on oil tanks and deliveries call 1-888-334-0961



Welcome home.

Winter Amenities

Carrabassett Valley Antigravity & Recreation Complex

Come experience this monstrous 20,000 square foot facility, boasting Maine's largest indoor skate bowl, aggressive street style Skate Park, indoor climbing wall, basketball court, weight room, fitness center and trampolines. Programs include kickboxing, climbing wall, public trampoline time, skateboard lessons, yoga, Pilates, golf lessons, pick-up basketball, personal training and more. Great winter and summer programs for minimal charges. For hours and information please call (207) 237-5566.

Competition Center

Located across from the Base Lodge on the Birches Trail, the Competition Center coordinates all on-mountain competitions for Sugarloaf. Volunteers are welcome and greatly appreciated to assist in snowboard, alpine and freestyle events - a great way to earn a free lift ticket! To learn more stop by and speak with one of our friendly staff members or call (207) 237-6896.

Resort & Conference Center

2007, 2008, 2012 & 2015 winner of Meetings East magazine's annual Best of the East Award. The largest meeting and conference facility in Maine, Sugarloaf has more than 28,000 square feet of meeting space and lodging capacity for groups ranging in size from 10 to more than 1,000. With world class amenities including skiing, snowboarding, golf and spa services, Sugarloaf offers a unique mountain setting to make any meeting or conference memorable and productive. Choose a business that values the natural resources of Maine as much as you do. Sugarloaf has been certified an Environmental Leader by the State of Maine Department of Environmental Protection. Call 1-800-643-8231 x6819 for more information.

Kids' Activities

Amos the Moose and the whole gang have fun-filled activities lined up all winter long, and daily during holiday and vacation weeks. Let the little ones loose for Kids Night Out, weekly on Tuesdays and Saturdays, with games, movies, arts & crafts, pizza and more! To learn more about these exciting programs or to make a reservation call Child Care at (207) 237-6804. The Antigravity Complex offers a number of activities that are perfect for kids including public trampoline, climbing wall, skate park and basketball courts. Call (207) 237-5566 for pricing and hours of operation. The Sugarloaf Outdoor Center offers Nordic skiing, snowshoeing, skating (figure/hockey), as well as educational games and activities! Call the Outdoor Center for more information, (207) 237-6830.

For a complete list of fun family activities, visit sugarloaf.com/events.



Welcome home.

Maine Huts and Trails

Maine Huts and Trails provide year-round recreation opportunities, and it all starts right here at Sugarloaf. The Poplar Stream Falls Hut, the first of many huts to come, is mere miles from Sugarloaf. The ever expanding trail network offers opportunities for snowshoeing and cross-country skiing. Visit MH&T's newest hut, Stratton Brook Hut, which overlooks the Bigelows and Sugarloaf! Founded by Mainers who share a vision for preserving our state's naturally beautiful remote areas, the Maine Huts and Trails project is an ambitious endeavor to create a 180 mile recreational corridor from the Mahoosucs to Moosehead. The corridor will include a network of huts, trails, and waterway corridors, which will preserve some of Western Maine's most precious backcountry for the purposes of conservation and environmentally sensitive economic development, and ensure public access for generations to come. Call 1-800-THE LOAF to learn more.

Mountainside Real Estate

Offering the complete resort home experience. Mountain homes, condominiums, Sugarloaf Mountain Hotel quarter share sales, land and area real estate opportunities. Office located on Main Street in the Village. Open 8:30AM to 5:00PM daily. Call (207) 237-2100 to learn more. For information about Sugarloaf Mountain Hotel quarter share sales stop by our office off the second floor of the Hotel.

Museums & Historical Societies

There are numerous museums and historical societies in the Sugarloaf area, all offering unique perspectives on the history of this special area. See *Area Information: Museums & Historical Societies* for more information or call the Hotel front desk at (207) 237-4205

Perfect Turn Ski & Snowboard School

Group or private clinics for skiers/snowboarders of all ages and abilities. Discover the excitement of improving your skiing and snowboarding with the most effective skier/snowboarder program in the country. Call Perfect Turn at (207) 237-6924.

Learn-to-Ski or Learn-to-Ride

Sugarloaf Perfect Turn Ski and Snowboard School offers a three-day experience that includes lessons, equipment and limited lift ticket. Good for one year from date of purchase. Call Perfect Turn at (207) 237-6924.

Mooseketeers

A fun filled positive experience on skis! Willing 3 year olds are introduced to the snow via specialized games and instruction (equipment included if needed). Call Child Care Reservations at (207) 237-6804.

Mountain Magic (Ages 3-6)

This innovative ski program is for 3-6 year olds of all ability levels incorporating the Perfect Turn philosophy in a coaching program for younger children. Call Perfect Turn at (207) 237-6924.



Welcome home.

Mountain Adventure (Ages 7-17)

Designed for children ages 7-17 years old, with coaching in skiing or riding for all abilities. Call Perfect Turn at (207) 237-6924.

Kids' Après (Ages 7-17)

There's no need for parents to miss last chair for ski school pick up – extend your day with our new Kids' Après. Have your child spend their afternoon with us and they'll enjoy fun activities with their ski friends from 3:00pm – 4:30pm, while you enjoy skiing and riding until last chair. Available daily for Mountain Magic and Mountain Adventure, for an additional \$25 per child. (207) 237-6924.

Season Long Programs

Perfect Turn has programs for all ages and abilities. These programs are unlike any ski or snowboard "lesson" you've taken because Perfect Turn focuses on your strengths and builds on them...you get better faster! Call Perfect Turn at (207) 237-6924.

Minicuffers (Ages 3-5)

Tykes are assigned to specially trained Pros according to age and ability. Confidence building and all-around skiing skills are developed in a fun environment. Call Perfect Turn at (207) 237-6924.

Bubblecuffers (Ages 5-12)

This program is committed to the development of young athletes. Team members are assigned to specially trained coaches according to age and technical ability. Our coaches instill a sense of understanding and love for the sport. The program focuses on diversity and mileage on skis and/or snowboards. By training in a variety of conditions, all-around skiing skills are enhanced. Camaraderie and team spirit develop quickly in this season long program. Call Perfect Turn at (207) 237-6924.

Junior Professional Program (Ages 13-16)

We encourage a non-competitive arena in which teens learn the finer points of skiing or snowboarding from some of our most passionate and experienced coaches while exploring the whole mountain. One facet of the program is to eventually prepare participants for jobs as ski and snowboard coaches and expose them to teaching situations in their final year of the program. Another aspect of the program focuses on serious all-mountain skiing and riding. Sugarloaf has some of the most challenging terrain and conditions in the east: we want our kids to experience it all! Special guest coaches throughout the season add to the overall experience. Call Perfect Turn at (207) 237-6924.

Masters

A 10 week program for adults. Come experience the camaraderie of skiing with the same coach and group each week. Sugarloaf offers programs for blue and black terrain skiers and riders with our experienced PSIA ski and snowboard coaches. We also offer women specific groups taught by PSIA certified coaches. Call Perfect Turn at (207) 237- 6924.



Welcome home.

Restaurants

Sugarloaf and the surrounding area are home to some of Maine's finest restaurants, brew pubs and cafes. Hours of operation vary seasonally. Please call ahead.

The Bag & Kettle.	(207) 237-2451*
Black Diamond Burritos	(207) 237-2065*
Bull Moose Bakery & Cafe	(207) 237-6830*
Bullwinkles	1-800THE LOAF*
The Sugarbowl	(207) 235-3300
D'Ellies	(207) 237-2490*
45 North	(207) 237-4220*
Hunker Down	(207) 235-6095*
Hug's Italian Cuisine	(207) 237-2392
Java Joe's	(207) 237-3330*
Inn on Winter's Hill	(207) 340-1020
Kingfield Woodsman	(207) 265-2561
Longfellow's	(207) 265-4394
Looney Moose	(207) 246-7932
One Stanley Avenue	(207) 265-5541
Orange Cat Café	(207) 265-2860
The Rack Brew Pub & Barbecue	(207) 237-2211*
Shipyard Brew Haus	(207) 237-6834*
Stratton Plaza	(207) 246-2000
Trail's End Steakhouse	(207) 246-7511
Tufolio's	(207) 235-2010
The Widowmaker Lounge	(207) 237-6845*
The White Wolf Inn	(207) 246-2922
The Coplin Dinner House	(207) 246-0016
Rolling Fatties	(207) 399-924
Alice & Lulu's	(207) 235-6111*
Backstrap Bar & Grill	(207)246-0102

**Indicates an on-mountain location. A complete area guide is available at all front desk locations.*



Welcome home.

Retail

Hours of operation vary seasonally. Please call ahead

Downhill Supply Company

Themed after Maine's rich logging heritage, the Downhill Supply Company is something to see. Great service, cool vibe, quality gear, and a beautifully re-designed space. Whether you snowboard or ski, the Downhill Supply Company carries all the latest in your favorite downhill provisions. Stop on by and stock up! Located in Village Center; call (207) 237-6990.

The Burton Signature Store

Conveniently located above the Bag & Kettle and across from the Downhill Supply Company, the Burton Signature Store exclusively offers the latest Burton products, such as snowboards, boots, bindings, goggles, helmets, outerwear and apparel, backpacks, accessories and more.

The Kuhl Signature Store

Located in Village South, and features the latest in outdoor lifestyle clothing from Kuhl.

Sugarloaf Outdoor Center

Offering a full line of Nordic ski equipment, wax, accessories and stylish apparel for the whole family. Call (207) 237-6830.

Sugarloaf Sports Outlet

Offering quality ski clothing, gifts, accessories, equipment and more at great prices. Located 18 miles south of Sugarloaf on Rt. 27 in Kingfield, call (207) 265-2011.

Sugarloafer Shop

Official Sugarloaf logo wear, accessories, gifts, books and much more! Located in Village West, call (207)237-6718.



Welcome home.

Spa Services

Kick back and relax after a day on the mountain with a signature massage or rejuvenating spa treatment at the Sugarloaf Sports & Fitness Center or Sugarloaf Mountain Hotel.

- Massage Therapy
- Sea Salt Scrub with Body Butter Rejuvenation
- Sugarloaf Sugar Scrub with Body Butter Rejuvenation
- Hydrotherapy Footbaths

Massage therapy is available by calling the Sugarloaf Sports and Fitness Center at (207) 237-6946.

During the winter season, massage therapy is also available at the Sugarloaf Mountain Hotel and can be scheduled at the Front Desk or by calling 207-237-2000.

Sugarloaf Outdoor Center

The Sugarloaf Outdoor Center boasts a new lodge, retail and rental/repair center and extensive trail upgrades. 90k of Nordic skiing and snowshoeing, as well as a NHL-sized skating rink for both hockey and figure skating. Free activities and on-call shuttle service from the Sugarloaf Base Lodge. Located in the lodge, the Bull Moose Bakery & Cafe serves gourmet sandwiches, soups and sweets that will satisfy the whole family. Lifts on wind hold? Ask about our Alpine Pass Exchange Program. Sunday thru Friday 9:00AM to 5:00PM and Saturday 9:00AM to 8:00PM. Holiday weeks, open daily 9:00AM to 8:00PM. Please call (207) 237-6830 for more information.

Snowmobile Rental

Flagstaff Rentals Inc., located in Stratton, offers full and half day snowmobile rentals. Guided service available. Call for pricing and details. (207)246-4276

Sugarloaf Ski Club

Founded in 1950, the Sugarloaf Mountain Ski Club has been an integral part of the mountain's history and development. Instrumental in creating Carrabassett Valley Academy, the club has helped numerous young athletes pursue their competitive goals. The Club has also helped recruit, train and direct competition volunteers at Sugarloaf for many years. Located in the Sugarloaf Competition Center across from the Base Lodge on the Birches Trail. Call (207) 237-6955 to learn more.

Sugarloaf Sports and Fitness Center

Open daily, the Sugarloaf Sports and Fitness Center features a heated indoor pool, indoor and outdoor hot tubs, and locker room facilities for men and women complete with Jacuzzis, steam rooms and saunas. The well-equipped weight and exercise room has Eagle Cybex, Icarian, Body Masters strength machines, Life Fitness cardiovascular machines and free weights. The Cafe offers a bistro style menu with light fare and beverages. Racquetball and Wally ball courts can be reserved by calling (207) 237-6946.



Welcome home.

Weddings

Let our professional staff help plan your special day. Whether your style is traditional and classic or more contemporary, Sugarloaf will turn an ordinary day into a memory that will last a lifetime. Reserve your complimentary site tour today. Call 207-237-2000 for more information.

Antiquing

Sugarloaf and its surrounding towns are filled with unique and charming antique shops. Tour them all and you're likely to return with some one-of-a-kind treasures. See *Area Information: Antiquing* for more information or call the Hotel front desk at (207) 237-2000.

Art Galleries

Many talented and unique artists call Maine's western mountains home. Be sure to stop at these local galleries during your visit to Sugarloaf.

Birds in Flight Gallery - Artist Hugh Verrier creates and displays magnificent works of dimensional art at his studio in Eustis. Focusing primarily on birds, Verrier combines watercolor and sculpture, crafting incredible lifelike birds from heavy French paper masterfully detailing them with watercolors. Verrier also commissions work from catch and release fly-fishermen who wish to take home a likeness of their catch. For more information, to schedule a tour of the studio or to commission a work call (207) 246-6694.

Stadler Gallery - Located in downtown Kingfield, the Stadler Gallery for Contemporary Art features work by local and regional artists, as well as a permanent display of work by gallery owner Ulrike Stadler. Housed in an unfinished 19th century barn, the gallery exhibits a wide array of artwork from sculptures and woodcuts to landscapes and illustrations. During the summer months, the gallery has rotating exhibits from Memorial Day weekend to Columbus Day. For more information call the Hotel front desk (207) 237-2000.



Welcome home.

Summer Activities

Fly Fishing

Renowned throughout the country, the waters of Maine's western mountains feature some of the finest fly fishing in the world. Whether you're an experienced angler or you've never held a rod, Sugarloaf has a program just for you. Visit any front desk location or call 1-800-THE-LOAF to learn more.

Gold Panning

The Coos Canyon Rock & Gift Shop in Byron offers gold panning instruction, equipment rentals and sales, as well as unique gifts, sandwiches and ice cream. The canyon and the Swift River make for a full day's adventure, with hours of recreation, including swimming and ledges up to 30 feet high from which to jump. For more information and rental pricing call (207) 364-4900.

Golf Course

The Sugarloaf Golf Club has been ranked the No. 1 course in Maine 28 times by Golf Digest since opening in 1985. The course has also been featured multiple times on Golf Digest and Golf Week top 100 national ratings. Designed by Robert Trent Jones Jr. the 18-hole course is known for its quality of play and unparalleled scenery. Facilities at the Golf Club include a fully equipped pro shop, golf school, driving range and Strokes Bar & Grille. Golf clinics and private instruction are also offered. Tee times can be made through any front desk location or with the Pro Shop directly at (207) 237-6812.

Clinics

Sugarloaf invites you to attend New England's premier golf school. Students receive professional instruction, tailored for their individual success through on-course management and coaching. Address problem areas involving putting, chipping, bunker play, swing mechanics or specialty shots and on-course strategy. Call the Pro Shop for details. (207) 237-6812

Practice Facilities

The Sugarloaf Golf Club features a spectacular driving range, including a chipping green, putting green and pitching area with beautiful views of the Bigelow Mountains. Buckets available in the Pro Shop. (207) 237-6812.

Pro Shop

The Sugarloaf Pro Shop carries everything a golfer needs to enjoy a great round. From a professional and knowledgeable staff to the latest apparel and equipment, the Pro Shop is an excellent way to prepare for perfection. Visit the practice facilities, improve your game with a proper club fitting or book a lesson with one of our pros. Located in the Clubhouse. (207) 237-6812.



Welcome home.

Strokes Bar & Grille

Located in the Clubhouse. Strokes Bar & Grille serves breakfast and lunch daily. Enjoy a quiet lunch on the patio, with a view that's certain to inspire your game. Savor your Sugarloaf experience after your round with a refreshment and snack. Grab and go ordering is available using the complimentary phone on the ninth tee. Strokes is also available to cater your special occasion to your specifications. Call 237-6835 for more information.

Guided Adventures

Our Guided Adventures are offered June thru September. Past guided adventures have included a Sunrise Canoe Trip on the North Branch of the Dead River and hike to the Poplar Stream Falls Hut. Space is limited. Reservations are required and can be made through the Sugarloaf Mountain Hotel front desk by calling (207) 237-2000.

Moose Cruise

The perfect way to complete the Maine Experience! This unique event begins at the Sugarloaf Mountain Hotel with a short Q&A session, followed by a drive through the mountains with our guide taking you to their favorite sites for spotting (locally known as "cruising") moose. Reservations are required. Call Sugarloaf Mountain Hotel front desk, (207) 237-2000.

Mountain Biking

Whether you're looking for a leisurely ride along the Carrabassett River, or challenging single-track, the Sugarloaf area is filled with trails and endless opportunities for mountain bikers of every ability level. See section *Area Information: Hiking & Biking Trails* for more information or call the Hotel front desk, (207) 237-4205.

Natural Areas

Sugarloaf and the Western Mountains of Maine are filled with unique and fascinating natural areas, which make for a fun-filled day of non-stop exploring. See *Area Information: Natural Areas* for more information or call the Hotel front desk at (207) 237-2000.

Outdoor Adventure Camp

Outdoor Adventure Camp runs for six weeks, beginning the Monday after July 4th. Past camp activities have included: Red Cross swimming instruction, tennis, golf, wall climbing, field and ball games, arts and crafts, hiking, mountain biking, dramatics, fly fishing, field trips and plenty of nature. Ages 4-13 are welcome. Monday thru Friday 9:00AM to 3:30PM. Reservations are required. For information and reservations call (207)235-2233.

Welcome home.



Pontoon Boat Tours

Experience magnificent Flagstaff Lake from the comfort of a pontoon boat with local guide Jeff Hinman. Take in scenic vistas of the Bigelow Mountain Range, learn the fascinating history of Flagstaff Lake and the lost village of Flagstaff, spot bald eagles and loons in their natural habitat. Tours last approximately 2.5 hours and are available for 2 to 12 people. Call (207) 246-2277 to learn more.

Scenic Plane Rides

Based in Rangeley, Lake Region Air offers scenic plane rides with dramatic views of Sugarloaf and Maine's Western Mountain Region. You'll see 4,000-foot peaks, sparkling lakes and rivers, as well as moose and other wildlife, all from a perspective you can't get on the ground. For rates and information call Lake Region Air, (207) 864-5307.

Swimming

On a hot summer day, there's nothing more refreshing than a dip in a cool, secluded swimming hole. The Sugarloaf area offers lots of options for swimming, from lakeshore beaches to swimming pools to cool mountain streams. See *Area Information: Swimming Holes* for more information or call the Hotel front desk, (207) 237-2000.

Tennis

Tennis courts are located behind the Sugarloaf Inn and are easily accessible from both the Sugarloaf Mountain Hotel and a number of condominiums. Additional courts located at Riverside Park in Carrabassett Valley. Call any front desk location to learn more.

Scenic Lift Rides

Enjoy a summertime ride up the mountain or take in the spectacular fall foliage with a front row seat of the Sugarloaf Super Quad! The Quad will whisk you up the mountain in comfort and you can explore the mountain before enjoying a scenic lift ride back down the mountain. Dates and times are limited.

Whitewater Rafting

Maine features some of the finest whitewater in the nation, and you can experience it first hand through Sugarloaf's exclusive partnership with Northern Outdoors. Maine's premier whitewater outfitter Northern Outdoors offers experienced year-round staff, the most modern equipment, an extensive range of programs, exceptional resort facilities and value for your dollar. Call 1-800-THE-LOAF to learn more.



Welcome home.



Unique Natural Areas

Bigelow Range (Fire Warden's Trail/Horn's Pond)

This trail starts where the Appalachian Trail crosses Route 27, 2.6 miles northwest of the Sugarloaf Access Road. Follow the Appalachian Trail north into the Stratton Brook Pond Road. Turn east and proceed up the Fire Warden's Trail to Avery Peak, where you will find an abandoned fire tower. Come west across the Appalachian Trail to Horn's Pond and follow that trail back down to the Fire Warden's Trail. This is a steep climb totaling 15.4 miles round trip.

Burnt Mountain

The trail head starts at the end of Bigelow Mountain Road. The 3 mile trail, which follows a stream bed and has one moderately steep section, winds through softwoods and hardwoods, including a large section of white birch, before reaching the broad summit covered in thick alpine grass. A registry on the summit allows hikers to sign their names and remarks. The spectacular 360 degree views from the top allow you to see the Carrabassett River Valley and surrounding mountains.

Cascade Stream Gorge

Acquired by Rangeley Lakes Heritage Trust and located in Sandy River Plantation, this 2,000-foot gorge has a 16-foot waterfall and 90-foot depths. It is located near Greenville Cove, off Route 4 across from South Shore Drive. Look for signs on the left. If you come to the Rangeley Lake State Park, you've gone too far.

Coos Canyon

Located in the old mining town of Byron. Carved by powerful water action from the Swift River; this area is a great swimming and diving spot with interesting scenery and rock formations. The canyon water is cool and crystal clear, and there are several small pools - perfect for children to splash in safely. The river is also a popular spot for treasure-seeking gold panners. Plan to spend a few hours swimming and exploring the river, waterfall and canyon. Bring a picnic lunch as there is a nice picnic area with tables and grills. Located in Byron, Coos Canyon is just off Route 17, about 10 miles southeast of the Height of Land outside of Rangeley.

Crocker Mountain

The Appalachian Trail crosses Route 27, 2.6 miles northwest of the Sugarloaf Access Road. Follow the trail south, 4.9 miles to Crocker Mountain summit. Continue hiking south to the Crocker Mountains with a reflecting pool at the bottom. The campsite is located on the left and 1 mile off the main trail, where the trail makes a sharp turn for the descent to the Caribou Logging Road. Follow the logging road back out to Route 27. Relatively easy, 14 mile round trip hike.

Welcome home.



Daggett Rock

One of the world's largest glacier deposited boulders, located in Phillips. It is a short 1/3 mile hike uphill to this 40-foot tall rock, which is split in two. You can actually walk through the split. Headed out of Phillips towards Salem, take Route 142 to the Wheeler Hill Road, where there is a small wooden sign with "Daggett Rock" roughly painted on it. Follow the dirt road until you see a small parking area on the right. The trail is marked with a sign on the left, across the road from the parking area.

Grand Falls

A classic horseshoe falls accessible by a dirt road (Kibby Camp Road). From Junction 16/27 in Stratton Village, travel north 6.9 miles on Route 27 through Eustis and look for the King and Bartlett sign on the right. Follow the Kibby Camp/King & Bartlett Road. Travel over a wooden bridge and take the next left. Follow this road; it is about 11 more miles to the falls. It is a slow ride but definitely worth the effort. Park at the gate, from there it is a short hike into the falls. The gate is now locked by the area's private landowners, so it is impossible to drive directly to the falls. Please respect the area — carry in/carry out, etc. Note: There are many logging roads off the Grand Falls Road; it is recommended that you have a full tank of gas when you head out, in case you do get sidetracked. This road is a bit rough and long, and is not recommended for low-riding vehicles.

Height of Land

The Height of Land is a stunning and popular stop in every season. From Oquossoc, follow Route 17 south for 12 miles. The area is clearly marked and a view of the White Mountains and the Rangeley area can be seen from the roadside turn-off. A great time to hit this spot is at dusk, when the sunsets can be spectacular.

Narrow Gauge Pathway

Located off Route 27 at the Carrabassett Town Park. This is a great 6 mile trail for biking, running and walking. There is ample parking and the trail starts at the Carrabassett Town Office/Park and is clearly marked from start to finish, ending at Bigelow station .2 miles north of the Sugarloaf Access Road. Restrooms and picnic sites are available at this location. Exiting the park, the trail starts on the Carriage Road and then turns left onto Houston Brook Road, turning to crushed gravel. The path follows the Carrabassett River the entire trail. The first few miles are accessible to logging trucks, so please use caution. About 2 miles in, the road comes to a 'Y' stay to the left along the river and continue to follow the signs.

Piazza Rock

Located on Route 4, a few miles north of Small's Falls, and is a good way to combine a hike and a picnic. This enormous flat boulder appears to be balanced in mid-air. It is 1.8 miles in on the Appalachian Trail and is a good but not difficult hike. You can climb on to the rock, which has large trees growing out of it. Nearby caves and boulders provide exploration opportunities. The trail to Piazza Rock can be reached by Route 4. It is about 9 miles south of Rangeley, on the left, where the Appalachian Trail crosses the road. The parking lot is across the road from the trail entrance.

Welcome home.



Poplar Stream Falls

Located in Carrabassett Valley. Consists of two scenic waterfalls on two streams with drops of 24 and 51 feet. There is a great swimming hole at the falls by the road. To get to the falls, turn off Route 27 in Carrabassett Valley at the Valley Crossing building. Cross the bridge over the Carrabassett River and go straight past the ski camps and homes. Continue up the old, discontinued county road marked by a snowmobile sign. It is an easy 1.5 mile walk to the falls, which are in a gorge on the right.

Small's Falls

Located on Route 4, 12 miles south of Rangeley. This has long been a popular roadside picnic area that is nestled in the junction of two streams with a waterfall area. Swimming is a favorite activity below the falls and there are short easy trails following Chandler Mill Stream to the top of the area there are also plenty of wading areas and short water slides. Small's Falls is a perfect spot for picnicking; there are tables, grills and restroom facilities available.

Sugarloaf Mountain

The second highest mountain in Maine at 4,237 feet. Sugarloaf is located in the heart of the Carrabassett River Valley. Offering the complete year round resort experience with amenities including world class skiing and a Robert Trent Jones Jr. designed golf course, Sugarloaf's unique natural setting and welcoming community is nothing short of magnetic. The mountain and base area are home to numerous hiking trails and recreational activities. Visit any front desk location to learn more or call 1-800-THE- LOAF.

Description courtesy of *The Original Irregular*



Welcome home.

Antiquing

Sugarloaf and its surrounding towns are filled with unique and charming antique shops. Tour them all and you're likely to return with a one-of-a-kind treasure. Hours of operation vary seasonally, please call ahead.

Dallas Hill Antiques

Located on 163 Dallas Hill Road, off route 4 in Rangeley. Call (207)864-2091 for more information

Gallery at Stony Batter Station

Located on Route 4 in Oquossoc outside of Rangeley. Call (207)864-3373 for more information

Gearsyl Antiques, country Furniture and Primitives

Located on Routes 2 and 16 in Rangeley. Call (207)864-5784 for more information

Frost Antiques

Located on the Fairbanks Road (route 4) in Farmington. Call (207)778-3761 for more information

Serendipity antiques

Located at 800 Fairbanks Road in route 4 in Farmington. Call (207)778-3506 for more information

Spellbound Antiques

Located just over the Farmington Falls line on Route 2 in New Sharon. Call (207)778-9300 for more information



Welcome home.



Welcome home.

Hiking & Biking Trails

Appalachian Trail

A continuous hiking path that covers 2,000 miles from Springer Mountain in Georgia to Mt. Katahdin in Maine, the trail crosses through Franklin County and connects with a number of the area's most rugged and scenic peaks. You can access the Appalachian Trail just north of Sugarloaf on Route 27. For more information, contact the Maine Appalachian Trail Club info@matc.org.

Bald Mountain Trail

Enter the trail .8 miles south of Oquossoc off Route 4, on Bald Mountain Road (opposite Bald Mountain Camps). Distance to summit 1.75 miles. A 30' lookout tower at the summit offers a spectacular; 360 degree view of the surrounding mountains and lakes. This is a great hike for families, with picnic tables on the trail. Summit height: 2,443 feet.

Bigelow Nature Preserve & Lodge

This 34,500 acre preserve in the Stratton area, retained in its natural state for the use and enjoyment of the public, includes Maine's 5th highest mountain, Bigelow Mountain (4,150 feet), and features trails and campsites. The lodge can be reached via the snowmobile trails from Carrabassett Valley (20 miles round trip) or trails from Long Falls Dam Road (6 miles round trip). For more information, call the Maine Bureau of Parks and Lands at (207)778-8231.

Burnt Mountain Trail

This trail is part of the Sugarloaf Outdoor Center. Hike to the 3,600' summit, which offers 360 degree views of the surrounding mountains, including Sugarloaf's famous Snowfields on its eastern side, and local towns in the Carrabassett River Valley. The trailhead can be accessed at the end of Bigelow Mountain Road off Mountainside Road. The 3 mile trail, which follows a streambed and has one moderately steep section, winds through softwoods and hardwoods, including a large section of white birch before reaching the broad summit covered in thick alpine grass. A registry on the summit allows hikers to sign their names and remarks.

Carrabassett Valley Loop (Bike trail)

This 19.5-mile trip starts at Tufulio's Restaurant in the Valley and is perfect for the intermediate level mountain biker. Park your car at the restaurant, cross the Carriage Road bridge and turn left onto Houston Brook Pond at the base of the Fire Warden Trail. Continue past the Appalachian Trailhead to Route 27. From there, head south on Route 27 over Bigelow Hill to Bigelow Station. There the Narrow Gauge Trail will take you back to Tufulio's. This scenic loop can also be a lot of fun for the expert biker depending on the speed traveled.



Welcome home.

Cranberry Peak

There are two ways to hike to the summit of Cranberry Peak. The first is from Stratton. Driving north on Route 27 take a left onto Currie St. in Stratton. Follow Currie St. (it will quickly turn to dirt) for .3 miles. This is a short but strenuous hike with many lookouts. From the summit, you can either return on the same trail or continue your hike, descending by way of the picturesque Cranberry Pond and continuing on to Stratton Brook and Route 27. The second way would be to start from Route 27, or Stratton Brook (The Appalachian Trail crosses Route 27 about 2.7 miles north of the Sugarloaf Access Road. The Stratton Brook Road is a .5 mile beyond the Appalachian Trail on the right). This route has an easier climb to the summit with a steep descent, or the option of visiting the pond without hiking to the summit. Before beginning park a vehicle at the other end as the trailhead and finish are separated by a considerable distance. No matter which approach is taken be sure to bring plenty of drinking water as there is none available on the trail.

Crocker Mountain Cirque

Short and easy, this is a great hike to take in the afternoon. To pick up the trail, take the Caribou Pond Road 1 mile north of Sugarloaf Access Road on the left, off Route 27. The Cirque Trail can be entered off that road. A reflecting pool surrounded by the towering walls of North and South Crocker Mountains offers a very nice setting for lunch, or stay overnight at the small campsite.

Daggett Rock

This 40-foot tall rock, located in the Phillips area, is one of the world's largest glacially deposited boulders and is just a short 1/3 mile from the Wheeler Hill Road, located off of Route 142. The rock is actually split in two and you can walk through the split.

East Kennebago Mountain Trail (Hiking & Biking)

10 miles east of Rangeley on Route 16, turn left on the gravel road. Cross the bridge, take a right and at the fork, go left, take a second right and park your car (6 miles from the bridge). A post with snowmobile trail signs marks the trailhead. The trail is ideal for mountain bike enthusiasts. Length of the trail: About 6 miles round trip. Summit Height 3,791 feet.

Forest Legacy Trail

This trail can be accessed via water across from Haines Landing, or from route 16, 10.1 miles from the intersection of Routes 16 and 4 in Oquossoc. The trail is about 5 miles long and offers an easy to moderate ridgeline and shoreline loop.

Hatchery Brook Trail

Located 1 mile on the Manor Road off Route 4, just west of the village of Rangeley. This trail is an easy, 1 mile loop with three scenic, lakeside picnic sites.



Welcome home.

“The Horns” Trail

The Horns can be approached from Cranberry Peak or directly from Stratton Brook off Route 27. Located on The Horns Pond is a campsite with tent platforms, water and bathroom facilities. A strong hiker can reach the summit and return in one day. However, if time allows, an overnight trip including Avery Peak would be ideal. Elevation gain to the west peak is 3,100 feet.

Hunter Cove Wildlife Sanctuary

This loop network of trails is easy and can be entered on Route 4 across from Dodge Pond or from Hunter Cove in the Rangeley area.

Mountain Pond Trail

A 1.5 mile trail through wooded hillsides and forest that leads you to the edge of the pond. Enter from South Shore Drive, .5 mile west of the Rangeley Lake State Park entrance. The trail can also be accessed from Edelhaid Road at utility pole # 13. The trail is blazed in red.

Mt. Abraham Trail

Located off Route 142 between Phillips and the Kingfield area, this trail offers a variety of climbing and walking terrain (about a 2 hour hike, which is relatively easy until approaching the summit, where it is quite steep). This mountain offers multiple peaks with a lookout tower on its principle peak, the eighth highest in the state. Summit height: 4,049. Enter the trail from the West Kingfield Road next to Jordan Lumber in Kingfield. Follow this road for 3.3 miles until it turns to a dirt road. Continue straight ahead thru the intersection and onto Rapid Stream Road. Travel for 2.8 miles until the road forks, bear left. Proceed .1 miles across two bridges. The road will fork, bear right. Drive .6 miles to the trailhead. A 4 mile hike to the summit. The road to the trail head is often rough and washed out. A vehicle with ample clearance is suggested.

Mt Blue Trail

A well-maintained, 1.75 mile trail with nice views of surrounding mountains from a forested summit. This is a pretty hike with lots of birds and wildflowers, but also fairly steep (1,800-foot elevation gain). The summit offers a freshwater spring and picnic area. The trail can be reached by taking Route 142 (from Phillips or Dixfield) or Route 156 (from Wilton) to the junction of 142 and 156 at the center of Weld. Follow the sign to Mt. Blue and Center Hill. The road turns to gravel after the scenic turnout on the left and continues past the Center Hill picnic area, continuing yet another couple of miles. Upon reaching the fork in the road, bear right by the sign and follow this narrow gravel road for 10 to 15 minutes until you reach the parking lot located at the end of the road, at the base of the trail.

Narrow Gauge Trail (Bike Trail)

Park your car by Tufulio's restaurant in Carrabassett Valley on Route 27 to access this trail. Cross the Carriage Road Bridge and turn left on the Houston Brook Road. The road splits at the 1.5 mile mark follow the trail to the left and traverse the railroad bed along the Carrabassett River. Riders can go as far as Bigelow Station, which is 7 more miles. The trail is easy and perfect for the novice rider.



Welcome home.

Orgonon Trails

Located on the property of the late scientist Wilhelm Reich, these interconnecting loop trails offer 175 acres of self-guided nature trails for hiking or cross-country skiing, and include a bird watching area and educational stations. Picnic tables available. Open year-round. Please call ahead for weekend use. Located in the Rangeley area, off Route 4 on Dodge Pond Road. For more information, call 207-864-3443.

Piazza Rock

Pick up the Appalachian Trail where it crosses Route 4 south of Rangeley. Hiking towards Saddleback Mountain, Piazza Rock is an enormous, flat, overhanging boulder that appears to be balanced in midair and supports the growth of large trees. Piazza Rock is a fairly easy 1.4 mile walk through rolling woodland and features a series of boulder caves and secret picnic spots with a lean-to shelter.

Railroad Loop Trail (Bike Trail)

This 12.5 mile loop is maintained by the Trails for the Rangeley Area Coalition. The marked mountain bike trail can be accessed just south of the Rangeley Inn on the gravel road off Route 4 by Haley Pond. It continues over Route 16, where it skirts Gull Pond along the Camp Wwayawi Road, then follows an abandoned railroad bed to Route 16. The trail follows a double-track road into Dallas, then leads to Saddleback Lake, continuing on to Dallas Hill Road in Dallas Plantation. Follow Route 4 back to Haley Pond. The last half of the trip has many long uphill climbs. For more information, call the Rangeley Lakes Region Chamber of Commerce at 207-864-5364, Rangeley Recreation Department at 207-864-3326 or TRAC at 207-864-5855.

Small's Falls

A very popular roadside picnic area with several scenic neighboring waterfalls surrounded by sculpted cliffs on the Sandy River and Chandler Mill Stream. The falls drop 54 feet with swimming and wading pools at the bottom. Cross the footbridge and follow the walking trail along the stream to other falls. Located 12 miles south of Rangeley on Route 4. Picnic tables, grills and restroom facilities.

Spencer Pond Trail

The trail starts just off Route 17, 12.7 miles south of Oquossoc (9.1 miles south of South Shore Drive). Park in the small turnout. Enter the trail at the paved section of Quimby Pond Road in the Rangeley area. Distance to summit 4.5 miles.

Sugarloaf and Spaulding Mountain Trails

Located in Carrabassett Valley, Sugarloaf is the second tallest mountain in Maine. The recommended hiking route is up Binder Trail (also a summer maintenance road that starts at the base, to the right of the Super Quad) and climbs the western face of the mountain. The number of peaks visible from the summit is surpassed perhaps only by Katahdin within the state. Approximately 6 miles round trip. Trail maps available at any front desk location.



Welcome home.

Sugarloaf Outdoor Center (Bike Trails)

Located off Route 27, the Outdoor Center offers more than 80 miles of well-maintained trails spread over 7,000 acres. Bikers of all ability levels can enjoy the trails, which are marked and rated for ability. Trails range from level graveled dirt roads to expert single track through steep elevations. Trail maps are available at any front desk location.

Tumbledown and Little Jackson Mountain Trails

Several trails lead to a pristine alpine lake on the summit. Picnic areas and campsites are available nearby. The 1.5 mile Brook Trail is the most popular trail. The trail follows a brook and leads directly to Crater Lake at the summit. This trail, marked in blue, connects to Parker Ridge Trail, also marked in blue. The Parker Ridge Trail is an easy climb to the east and west peaks and offers incredible views of Tumbledown's 750+ foot cliffs and the White Mountains to the west on a clear day. Another trail, the Loop Trail, is suitable for intermediate to advanced hikers. The trail is approximately a 2 mile hike, featuring views of the Great Ledges and Tumbledown Cliffs, and is marked white. The Chimney Trail can be accessed from the Loop Trail and is best left for the experienced climber; as it is a difficult and hazardous route to the western summit. It is marked with cairns and patches of yellow-white paint. The Tumbledown Chimney is a cleft in a rock overhang, preceded by a large balancing rock a climb of 15 feet must be made over this cliff with metal rungs. This trail also has sections with loose shale and is littered with huge, rugged boulders. The summit is about .2 miles from the chimney and features beautiful, panoramic views of the surrounding ranges. For the experienced climber; as it is a difficult and hazardous route to the western summit. It is marked with cairns and patches of yellow-white paint. The Tumbledown Chimney is a cleft in a rock overhang, preceded by a large balancing rock. A climb of 15 feet must be made over this cliff with metal rungs. This trail also has sections with loose shale and is littered with huge, rugged boulders. The summit is about .2 miles from the chimney and features beautiful, panoramic views of the surrounding ranges.

Summit height: 3,068 feet Tumbledown can be accessed by taking Route 156 to Weld, and picking up Route 142 North to West Side Road on the left. Proceed to the gravel-surfaced Byron Road on the right Pass Mt View cemetery and continue about 2.5 miles. Parker Ridge Trail begins at a dirt road on the right Brook Trail begins by the large vehicle turnout located farther down the road before the brook. Continue another 6 miles for the Loop Trail, and the Chimney Trail, which branches off the Loop Trail after hiking about an hour to the first high plateau area.

Little Jackson Mountain is a long (3.5 miles), but pleasant hike. The trail, marked in yellow, has a few steep stretches and features several brooks along the wooded path. The summit is reached after an elevation gain of 1,800 feet and offers nice views of the Weld area. Summit height: 3,434 feet Access the trail by taking Route 156 in Weld to Route 142. Follow Route 142 for about 3 miles, turn left onto West Side Road. Proceed to the gravel-surfaced Byron Road on the right. Follow for 2 miles and take the dirt road on the right

West Kennebago Mountain Trail

A moderate 2.5 mile hike to the summit through hardwoods, spruce trees, conifers and moss. Good Mountain and lake views from the fire tower. Take Route 16 west from Oquossoc (toward Wilson's Mills) 4.8 miles to the dirt road on the right (Morton Cutoff Road). Go 3.2 miles and take a right at the intersection. Travel 5.3 miles to the trail. Look for the



Welcome home.

sign on the left, and follow the trail markers. Summit height: 3,705 feet.

West Mountain Falls

This nature trail begins at the Sugarloaf Golf Club and entails a short, easy hike (only about .3 miles long) to a quiet, scenic area on the south branch of the Carrabassett River. This is a great place for a picnic, swimming or just relaxing.

Courtesy of The Original Irregular



Welcome home.

Swimming Holes

Carrabassett River, Riverside Park

A popular spot by the Carrabassett River off Route 27. Features a natural waterslide, small beach area, and lots of good wading spots. The maximum water depth is 3 to 4 feet. The bottom is somewhat rocky, so water shoes are recommended. This municipal park also offers a pool, tennis courts, a basketball court, playground, covered picnic area and grills, volleyball court, softball field and bathroom facilities. For more information, call the Carrabassett Valley Town Office at (207) 235-2645.

Carrabassett River, New Portland

One of the more popular spots in the Carrabassett River is located by the historic 145 year-old wire suspension bridge. This area offers a sandy beach, grills and picnic tables. Turn onto Route 146 off Route 27 in the town of New Portland. Take an immediate left and then a right onto Wire Bridge Road. Follow signs to the wire bridge recreational area.

Cathedral Pines Campground

The best swimming in the Flagstaff Lake area is the Cathedral Pines Campground's public beach with a dock, changing rooms and a playground for the children. Please be careful as there are no lifeguards on duty. No fee charged. Located about 4 miles north of Stratton on Route 27. For information, call (207) 246-3491.

Lakeside Park

This park off Main Street (Route 4) in Rangeley features a dock with a slide, boat launch area, swings, covered picnic tables, a changing/restroom building, and large lawn area. No charge. For more information, call Rangeley Parks and Rec, (207) 864-3326.

Mt. Blue State Park

Wide areas of shallow water and well-marked swimming areas make this a great spot for children. A lifeguard is on duty during the height of the summer season. The park also offers a nice sandy beach, bathhouse and restrooms, showers, lawn area with covered picnic tables, fireplaces, boat launching, and canoe rentals. A small entrance fee is charged. For information, call (207) 585-2347.

Porter Lake

Strong Public Beach is a sandy beach with a boat launching ramp, picnic tables and grills. Heading south on Route 27 in New Vineyard, take a right onto Route 234 and head towards the town of Strong. Take the Pond Road on your right. Look for the Beach Road sign .5 mile on the right.



Welcome home.

Rangeley Lake State Park

Visitors can enjoy children's play area, picnic tables and short trails hugging the shoreline. Lifeguards are present and restrooms are available. No dogs are allowed in the beach area. A small day-use fee is charged. For more information call (207) 864-3858.

Sandy River

Located near the University of Maine athletic fields in Farmington on Front Street are several sandy swimming beaches, along with some picnic areas.



Welcome home.

Museums & Historical Societies

There are numerous museums and historical societies in the Sugarloaf area, all offering unique perspectives on the history of this special area. Hours of operation vary seasonally. Please call ahead.

Dead River Historical Society

Carpentry, logging artifacts and memorabilia from the 'lost' town of Flagstaff. 172 Main St., Stratton. Open summer & fall, Saturday & Sunday 11:00AM to 3:00PM or by appointment. Call (207) 246-2271.

Holmes-Crafts Homestead Museum

Located in Jay. Open by request June thru August. Call (207) 897-4876 to make an appointment.

Kingfield Historical Society

Located on Church St., Kingfield. Open Wednesdays June thru September 10:00AM to 2:00PM. For more information, call (207) 265-4032.

New Vineyard Historical Society

Records of early settlers and buildings. Located on Route 234 in New Vineyard in the Town Library building. Open Wednesdays 2:00PM to 7:00PM and Saturdays 10:00 am to noon. For more information, call (207)-652-2222

Nordica Homestead Museum

Located in Farmington. Open June thru Labor Day (closed Mondays). Open by appointment until October 15. Call (207) 778-2042.

Washburns-Norlands Living History Center

A 450-acre living history site. Located on the Norlands Road, Livermore. Open by appointment only. Call (207) 897-4366 for more information.

Nowetah's Indian Museum

Special focus on Abenaki Indians. Museum includes a gift shop. Located on Route 27 in New Portland. Open daily, 10:00AM to 5:00PM. Call (207) 628-4981 for more information.

Phillips Historical Society

Displays of Portland glass, clothing, tools as well as Narrow Gauge Railroad memorabilia. Located on Pleasant St., Phillips. Open June thru September 1, 1st and 3rd Sundays, 1:00PM to 3:00PM or by appointment. Call (207) 639-2162 between 10:00AM and 8:00PM. Open August 15 thru 17, September 27, 28 and October 5.



Welcome home.

Rangeley Lakes Region Historical Society

Materials on sporting camps, resort hotels, fishing, hunting, logging and railroads. Located on Main Street, Rangeley. Open July and August 10:00AM to noon and when "Open" flag is displayed. Call (207) 864-3091 for more information.

Rangeley Logging Museum

Located on Route 16, east of Rangeley. Open weekends in July and August, 11:00AM to 2:00PM or by appointment. Call (207) 864-3939 for more information.

Sandy River & Rangeley Lakes Railroad

Located in Phillips. Rail rides most weekends June- October 207-639-2228

Ski Museum of Maine

Downtown Kingfield, located above the Sugarloaf Sports Outlet. Open daily, July 1 – April 15, 9:00AM – 5:00PM and Monday – Friday, April 15 – June 30, 10:00AM – 4:00PM. Call (207)265-2023 for more information.

Stanley Museum

Home of the Stanley Steamer - world's first steam powered automobile! Located on School St, Kingfield. Open May to October, Tuesday thru Sunday, 11:00AM to 4:00 PM; November to April, Tuesday thru Friday, 11:00AM to 4:00PM. Call (207) 265-2729 for more information.

Strong Historical Society

Located on Upper Main Street in Strong. Call (207) 684-2975 for more information and hours of operation.

Weld Historical Society

Three mid to late nineteenth century buildings and period artifacts. Located on Route 156 in Weld Village. Open July thru August Wednesdays and Saturdays, 1:00PM to 3:00P and by appointment Monthly programs offered May thru September. Call (207) 585-2915 for more information.

Wilhelm Reich Museum

Located in Rangeley off Route 4 on Dodge Pond Road. Open July and August Wednesday thru Sunday, 1:00PM to 5:00PM; September the museum is open Saturdays only 1:00PM to 5:00PM; October – March private hours only. Nature programs offered in July and August on Sundays from 2:00 PM to 4:00PM. Special tours can be arranged by calling (207) 864-3443.

Wilton Historical Society Farm & Home Museum

Points of interest include; G.H. Bass & Co., Bass family and Civil War Building. Located on Canal St, Wilton. Open Saturdays only in July and August, 1:00 PM to 4:00 PM, or by appointment. Call (207) 645-3637, for more info.